



Student Placement Available March 2012

ACAP / JobFind Centres Australia

Self Esteem Group Work

Are you a counselling student seeking your 2nd student placement?

Do you need to do your client contact hours?

How about:

12 week placement ✓

Office hours ✓

8 hours per week (neg) ✓

Approx 114 hours total ✓

You can deliver a psychoeducational program designed to build the self esteem of JobFind Clients and support them in their journey to employment

Training: ACAP Tuesday February 21 10am to 4pm

Placement starts: March or April

Placement Location: Bankstown or Parramatta JobFind Centre

To assist ACAP counselling students to meet the PACFA requirement of 40 hours of direct client contact and 10 hours of clinical supervision, ACAP has developed a brand new placement opportunity which we hope to make available to students nationally in the future.

What is this new placement opportunity?

- ACAP has formed a partnership with JobFind Australia, a national provider of employment services which offers services to both short term and long term unemployed clients – but has limited counselling available
- When JobFind Case Workers were asked what are the key issues clients deal with that would benefit from counselling – loss of self-esteem was key
- ACAP Placement commissioned a comprehensive 6 week program to improve self esteem - a group leader manual, participant's workbook and training manual

How does it work?



- Students attend a training day on Sydney Campus February 21 and receive comprehensive training to lead the program
- Students then attend a JobFind Centre for 4 hours per week (or 8 if leading 2 groups)
- Students lead the structured self esteem program to a small group of JobFind clients (3 hours group work with a break)
- JobFind Case Workers refer clients to the group
- Clients commit to attend the 6 week program – 3 hours per week and complete all homework
- Students attend fortnightly group supervision at ACAP

Where are the JobFind Offices?

- The initial pilot program March 2012 will be run in **Bankstown and Parramatta Centres** starting in March or April depending on student availability.

How do I find out more?

- Contact your [Sydney Student Placement Officer](#) for further information and to register for the training session

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