



PRE PLACEMENT MEETING GUIDE- COUNSELLING STUDENTS

Working with **children** – maximum of 10 hours of client contact

Telephone Crisis Counselling – Maximum 10 hours client contact eg Lifeline

Thank you for meeting with me. I'd like to explore the opportunity of this placement and I have a list of questions I would like to work through. Is that OK with you?

As part of my training, I'm interested in opportunities to utilise my skills by facilitating one on one or group counselling, therapy or psychoeducational sessions so I can develop my skills. Would there be an opportunity to do that within the organisation?

No

Yes

Would you mind describing the kind of activities that are available with your organisation? (Listen so you can be clear for yourself if this organisation has the opportunity for you to develop your skills)

Who is likely to be my Day to Day supervisor? The college requires my supervisor be in a managerial or supervisory role and have at least 3 years experience. Does your /their experience match this requirement?
Throughout the (400) (200) (140) total hours of work placement throughout my course, I will need participate in 10 hours of Clinical Supervision with a qualified counsellor, psychologist or social worker who has 3 years experience post qualification in counselling. Is there anyone within the organisation who may meet that requirement? Yes / No

No

Yes

No

Who is likely to be my daily supervisor? The college requires my supervisor be in a managerial or supervisory role and have at least 3 years experience. Does your / their experience match this requirement?

Will it be possible for me to schedule 10 hours of Clinical Supervision with (this person)? What the best way to do that – phone? Email?

Thank you – it's no problem at all as I can get my clinical supervision organised elsewhere.

Daily supervisor suitably qualified
Discuss days you / they are available, start date etc and complete the Confirmation of Placement form and both sign

I'm so pleased we've met to discuss this. Now that I understand the opportunity fully, I don't think that this is a match for where I am in my course as I need to develop my skills in X (counselling?) and I understand that there would not be an opportunity to do that here. I'm so pleased I met you and I appreciate your time.

Would you mind describing the kind of activities that are available with your organisation? (Listen so you can be clear for yourself if this organisation has the opportunity for you to develop your skills)

Source external Supervision (see Placement Officer) **OR** ensure next placement has a Clinical Supervisor

Discuss days you / they are available, start date etc and complete the Confirmation of Placement form and both sign

NOTE: PACFA Definition of client contact (40 hours)

Direct client contact is face-to-face or person-to-person counselling or psychotherapy work. This can include up to 10 hours of telephone counselling and 10 hours of counselling work with children. Counselling or psychotherapeutic group work, psychoeducational groups and co-therapy or co facilitation of a therapy group will be counted as client contact hours as long as the student takes a lead role and is not observing the group or participating as a client in the group. Case management, counselling research and informal work with individuals, children and families would not be considered client contact.